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Major Leaguers Justin Maxwell joins with student leaders from the Washington Action Team[®] to help homeless adults in Arlington

Arlington, Va. – Major Leaguers Justin Maxwell of the Washington Nationals and high school student leaders from the Washington Action Team joined together today to help homeless adults living at Volunteers of America Chesapeake's Residential Program Center in Arlington.

The event served homeless adults at the Residential Program Center (1554 Columbia Pike, Arlington, Va.) who receive services including non-medical detoxification, substance abuse recovery and temporary shelter from Volunteers of America Chesapeake. The ballplayers and high school volunteers sorted donated toiletries, made welcome kits for clients, organized recent clothing donations and sorted the center's donation closets.

The Residential Treatment Center is the only 24-hour a day facility of its kind in Arlington County and often runs at 99 percent capacity. The center offers substance abuse treatment for homeless adults that includes a 12-bed detoxification unit with services for up to 14 days; a 12-bed early recovery unit with post-detox treatment services for up to three months; and a 44-bed shelter with hi-intensity case management, education, training and referral services for single adults. Because of the Shelter's residential nature and since there are no time limits for clients, case managers and staff members can build strong relationships with clients.

Administered by Volunteers of America and the Major League Baseball Players Trust, the Action Team[®] program encourages young people throughout the United States to volunteer in their communities. Action Teams, consisting of Major League baseball players and student Team Captains from more than 145 high schools in 30 states and Puerto Rico, are working together to encourage young people to get involved in their communities by volunteering. To date, Action Teams across the country have inspired more than 25,000 high school students to help over 100,000 people in need by volunteering in their communities.

VOLUNTEERS OF AMERICA

Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Since 1896, our ministry of service has supported and empowered America's most vulnerable groups, including seniors, people with disabilities, at-risk youth, men and women returning from prison, homeless individuals and families, those recovering from addictions and many others. Through hundreds of human service programs, including housing and healthcare, Volunteers of America helps more than 2 million people in over 400 communities. We offer a variety of services for older Americans, in particular, that allow them to maintain their independence and quality of life – everything from an occasional helping hand to full-time care. Our work touches the mind, body, heart and ultimately the spirit of those we serve, integrating our deep compassion with highly effective programs and services. For more information about Volunteers of America, visit www.VolunteersofAmerica.org.

VOLUNTEERS OF AMERICA CHESAPEAKE

Volunteers of America Chesapeake, founded in 1896 in Baltimore, is the locally chartered affiliate of Volunteers of America, Inc., one of the nation's largest and most comprehensive human services organizations. They accomplish their spiritually based mission by serving over 8,000 people annually through programs spread geographically from Baltimore, Maryland to Virginia Beach, Virginia.

Volunteers of America Chesapeake operates 26 programs that serve the homeless, mentally ill, intellectually disabled, ex-offenders, substance abusers, the elderly and children. The professional staff of more than 600 employees, partner with dedicated volunteers, local government officials, businesses, civic organizations and the faith community to provide high quality human services.

MAJOR LEAGUE BASEBALL PLAYERS TRUST

The Major League Baseball Players Trust partnered with Volunteers of America in 2002 to promote the nurturing and well-being of America's children and their families. The partnership features the personal involvement of Major League baseball players and their families with a variety of programs conducted by Volunteers of America throughout the United States. Also, together they administer the Action Team, a national youth volunteer program currently inspiring the next generation of volunteers across the United States, including Puerto Rico and Hawaii. For more information about the Major League Baseball Players Trust, visit www.MLBPLAYERS.com and visit the Players Trust Channel at <http://www.youtube.com/user/MLBPlayersTrust> on YouTube. For more information on the Action Team please send an e-mail request to ActionTeam@mlbpa.org.

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