



Showing off tomatoes from one home's backyard garden in Manassas, Virginia.

How Can I make a referral?

A person should have a primary diagnosis of an intellectual disability (formerly called mental retardation) in order to be considered for our programs and must be a participant in the Medicaid Waiver Program.

Usually, you should contact your local Department of Social Services and/or your local Community Services Board.

At this time, Volunteers of America Chesapeake, Inc. has direct relationships with Fairfax County CSB, Loudon County CSB, Prince William County CSB, Arlington County CSB and City of Virginia Beach. Please contact us at the main office for guidance on how to make a referral. You can also contact your local department of social services department for assistance.

Useful Websites:

- DC: www.dds.dc.gov
- VA: www.dss.state.va.us/localagency/
- VA: www.vbgov.com



Volunteers of America®

CHESAPEAKE

Guided by our Core Values:

Caring, Respect, Faith, Quality and Trust, Volunteers of America Chesapeake's mission is to create sustained positive life changes for individuals and families by providing high-quality human services leading to self-reliance, dignity and hope.

**Volunteers Of America Chesapeake, Inc.
ID Services Administrative Staff**

Vice President ID Services:

Belinda Tiller (703) 590-1969

Director ID Operations:

Connie Price (301) 852-0098

Program Director, Baker House

Gail McLemore (757) 497-1900

DC Community Living Centers :

Iris Loper-Clark Program Director
(202) 290-1986

Northern VA Community Living Centers :

Candace Vandewater Program Director
(703) 590-1969

Some people can't imagine doing what we do. We can't imagine not doing it.



Volunteers of America®

CHESAPEAKE

There are no limits to caring.®

Intellectual Disability Residential Services



Main Office:

14381 Hereford Road
Woodbridge, VA 22193
Phone: (703) 590-1969
Fax: (703) 590-2981

www.voaches.org

What are Intellectual Disability Services?

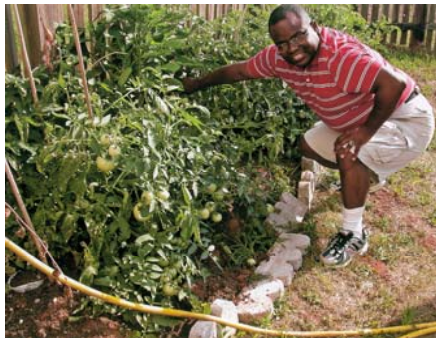
An Intellectual Disability is characterized by a significantly below average score on a mental ability or intelligence test. Usually there are limitations in activities of daily life such as communication, self care, school activities, social situations or another area.



Intellectual disability is sometimes referred to as a cognitive disability, developmental disability or mental retardation. There are many types of intellectual disability services including residential programs, day programming, travel/transportation training, job coaching, in-home supports and other community integration services. Volunteers of America Chesapeake Inc., offers community living (sometimes called Residential) services where individuals can thrive in their own communities and experience natural daily lives and supports. Our dedicated direct support professional staff work with each individual, to help them realize their full potential. Our philosophy involves helping people achieve meaningful lives and make meaningful contributions in their home and community.

Volunteers of America Chesapeake follows national best practices to integrate individuals into their communities. We work with individuals regardless of age, type or severity of their disability or life skills. We focus on a person's abilities and build on a person's strengths. The staff works with the individual and family to develop a full support network. This network usually consists of parents, friends, employers, co-workers, neighbors, doctors, teachers, friends, etc. We call this team of people the circle of support.

All services and programs are tailored to the specific person's hopes, wishes, dreams and capabilities. From this, the circle of support and Person Centered Plan (PCP) or Individual Service Plan (ISP) is developed. This plan is followed and updated as the needs of the individual change or a minimum of yearly, by the entire support team. Our goal is to ensure that anyone being served in our program experiences full satisfaction and reaches for their absolute highest potential in all areas of their life. Our residential homes are located in ideal communities accessible to malls, shopping, hospitals, recreational activities, parks and employment. Normalization is encouraged at all times and individuals are encouraged to participate in a constructive activity such as work, day support or volunteering. If you are interested in learning about our programs and services, please contact our main office at 703-590-1969 and ask to speak with our Vice President or one of the Directors.



Volunteers of America Chesapeake Intellectual Disability Services Locations

District of Columbia Locations

- 9th Street, NW
- Blagden Terrace NW
- Verbena Street NW
- Leegate Road NW
- Portal Drive NW

Virginia Locations

- Graham Road, Falls Church VA
- Vicksburg Lane, Manassas VA
- Lashmere Court, Woodbridge VA
- Oakhurst Lane, Woodbridge VA
- Aurora Drive, Woodbridge VA
- Evergreen Drive, Woodbridge VA
- N. Kensington Street, Arlington VA

Volunteers of America Chesapeake's Baker House

5677 Herbert Moore Road
Virginia Beach, VA 23462



Baker House is a 12-bed program located in Virginia Beach, Virginia and has a partnership with the Virginia Beach Department of Human Services. Individuals that participate in the Baker House program and our other programs listed above receive a variety of service and supports that include:

- Service Plan development and implementation
- Training and Support Services
- Community integration activities and active use of community resources
- Money management and budgeting
- Counseling
- Behavioral Support